



The

# Helmsman



## ***T'was the Night Before Christmas"***

Wendy L. Neumann RCAF Trenton CPS

*T'was the night before Christmas, when all  
through the boats,  
Not a creature was stirring, of that there's no doubt.  
The stockings were hung from the pulpits with care,  
In hopes that St. Nicholas soon would be there.  
The skippers were nestled all snug in their berths,  
While memories of sailing days filled  
them with mirth.*

*Heaving lines, life-jackets, bailers  
and flares, Coast Guard requirements  
had been followed with care.*

*From out on the water there  
came such a great splash,  
They sprang from their bunks and  
threw open the hatch!  
Out to their decks they flew like a  
flash,  
Grabbing for life buoys they might  
have to cast!*

*The moon over-head with its'  
shimmering glow,  
Gave the lustre of mid-day to objects  
below.*

*When what to their wondering eyes should appear?  
But a red catamaran, named "Nick's Christmas  
Cheer"!*

*With a little old captain, so lively and quick,  
They knew in a moment it must be St. Nick!*

*Setting his course for the moorings he came,  
And he whistled, and shouted, calling boats by their  
names, Ahoy, Sailboats and Trawlers, Cruisers and  
Sloops, Ketches, Cutters and Yawls... yes you too!  
I must come close aboard as my dinghy's too small,  
So raft away! raft away! raft away all!"*

*They pulled up their anchors, their rode they did  
store, Then together they rafted so Santa could board.  
Towards them he motored with his running lights  
flashing, With the hull full of nautical gifts they had  
wished for.*

*And then, in a twinkling, through the rigging he*

*came, An old Salty Dog in charge of his game!  
As the first skipper gasped, and was turning around,  
Down the companionway St. Nicholas came with a  
bound!*

*He wore a Sou'Wester and a slicker both red,  
With the best PFD ever, or so it was said.*

*An enormous duffle-bag he had  
flung on his back,  
And he looked like a sailor just open-  
ing his pack.*

*His eyes -- how they twinkled! his  
dimples how merry!*

*As he joyously gave gifts that he  
knew they would cherish.  
His log book of names, he carefully  
checked twice,  
From bow to stern every boat got  
something nice.*

*A shiny windlass here, a new furler  
there,  
A hard bottomed dinghy with leg  
room to spare.*

*Out of the pack more gifts for  
boats came, Depth sounders, fish finders, new jibs and  
new sails, compasses, radios, wind generators times  
four, G.P.S.'s, BBQues, fenders and more.*

*He spoke not a word, while finishing his work,  
And he filled all the stockings; then turned with a jerk,  
And laying his finger aside of his nose,  
And giving a nod, up to the cockpit he rose.*

*He sprang to his vessel and cast off his cable,  
And he headed true North, as quick as he was able,  
But I heard him exclaim, as he faded from sight,*

**"SAFE BOATING TO ALL  
AND TO ALL  
A GOOD NIGHT!"**



## Commander's Comments

Your bridge officers have attended officer training seminars held at Kingston Yacht Club presented by Linda Hamilton and more recently, at the Coburg Yacht Club presented by our past CPS director John Gullick.

Let us all "welcome aboard" our newest bridge officer, Doug Cowburn as treasurer. Peter Dnistrianskyj is now our Public Relations Officer.

We are in the planning stages of a speakers' evening, to be held February 16 at CFB Trenton Yacht Club. Our guest speaker will be from the Trent Severn Waterway.

Our assistant training officer Greg Tanner has been sidelined with a back injury and is unable to instruct this year. I requested help from the membership to help instruct the Boating Essentials course. John Brewster, Fletch, Philip Spencer, Michael McMahon, Elaine Handy and Wayne Jordison all stepped forward to help. On behalf of your Squadron I would like to thank those who stepped forward to help and wish Greg a very speedy recovery.

Our National Governing Committee has changed who qualifies to become a Regular (Full) member in CPS. A Full Member in CPS is now anyone who holds a PCOC from any agency, and has passed the boating essentials course or any of the CPS Advanced Courses. CPS advanced courses are Seamanship, Advanced Piloting, Junior Navigator, and Navigator.

Governing Board Regulation Article 1.1 (Definitions) defines a member as follows:

Regular Member shall mean a person who: holds any PCOC and has passed a

Qualifying Examination and is not a Family Member, a Junior Member or a Lady Associate.

Governing Board Regulation Article 1:1 defines a Qualifying Examination as follows:

Qualifying Examination shall mean the Boating Essentials Course examination or any Advanced Course examination.

Your bridge officers, wish you and yours a very Merry Christmas and Happy New Year. We look forward to seeing you back on the water.

**And don't forget our annual Wine and Cheese party will be held on Dec 17<sup>th</sup> at 1945 hrs at the Yacht Club. We look forward to seeing you there.**

**Ken Mugford AP  
Commander**

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## Honour Roll Award

**Quinte District Commander Dale Holland presents RCAF Trenton with our 18<sup>th</sup> and 19<sup>th</sup> 100% Honour Roll Award. Given in recognition of your Squadrons years of 100% participation in donations to the CPS Foundation.**



**Left to right, , Dale Holland QDC, Ron Pennington historian, Ken Mugford Cmdr RCAF Trenton.**

## Boating Course 2012



Left to right, Instructor Ken Mugford, Kevin & Christine Lachapelle, Adrian Alyea-Marazzo, Linda Cowburn, Anthony Alyea-Marazzo, Jane Allan, Instructor Michael McMahon.

## District Commander's Report

The National conference in Edmonton was a very busy four days for me, with information sharing sessions and updates on projects going on at the national level. Friendships were renewed with CPS members from across the country, and USPS members. The ideas and concepts exchanged hopefully will give food for thought, on ways to enhance the way we conduct our business.

The results from the external survey of the boating public conducted during August 2012, were presented to Governing board and the Training department. The results will be available under members moorings for members to review. While on members mooring look at the results of a survey conducted by the marketing class of BC Institute of Technology of present members, recent students and lapse members. The information provided by these two surveys is being analyzed, to develop strategies to maximize the opportunities available to CPS.

A committee was struck at the June 2012 Governing board meeting to investigate the impact of the pending "Not for Profit Act" which comes into force October 2014. The committee provided an update on their progress, and has committed to going to the membership at the 2013 District AGM's, with a full

report by the 2013 Toronto National Conference. At the AGM two motions were voted on.

1. Schedule "A", a National Dues increase motion, did pass in order to offset decreases in course sales nationally. There is a discussion topic on Members Forums related to this issue.
2. Schedule "B", To make all Squadrons be known as Power and Sail Squadrons, this motion also passed.

The Toronto 2013 Conference committee made their presentation at the Friday night dinner. In case you are not aware Quinte District is a host partner in the Conference, along with the York East and York West Districts. The Conference committee will be requesting volunteers for various activities during the Conference. As more detailed information becomes available, the information will be forwarded to the District membership.

CPS has begun preparations to celebrate its 75<sup>th</sup> Anniversary, and the celebration will culminate at the 2013 Conference. You can now order 75<sup>th</sup> anniversary shirts which are available for purchase from the National Ships Store. Check them out.

Congratulations to Peterborough Squadron. The Squadron had two youth win awards in the youth competition. Gina Lee won a Ship Store gift certificate for her creative RVCC Apron. They also were winners of a national marketing award, and were awarded a customized pull up banner.

I would like to congratulate Jill Dennis-Raycroft (Bay Of Quinte Squadron) on becoming Chair of the Marketing and Public Relations Committee.

Quinte District submitted the most completed Recreational Vessel Courtesy Check forms, and won the National award for this achievement. Windsor Squadron submitted the most forms by a single Squadron, and the three individuals who individually submitted the most forms were awarded Salus PFD's.

*Dale Holland AP*



# Rescue Coordination Training At Waupoos

In late September 2012, both Rod and I volunteered to be severely injured following a plane crash into Lake Ontario. What??? Now that I have your attention, it was for a good reason. The reason; to further assist advanced training in Emergency Response and to ensure that all procedures are conducted in the most professional, efficient and effective manner.



This complex exercise was conducted on Waupoos Island very early one Saturday morning where we, two of twenty civilian volunteers, were tagged with a number and given individual scripts to portray. All of us were assigned different injuries ranging from burns, specific broken bones, lacerations, etc., so we could inform the rescuers of our medical problems upon being plucked out of the lake.

Our rescuers were the Canadian Coast Guard (KINGSTON), Coast Guard Auxiliary teams (Belleville, Picton, Wellington, Brighton) and O.P. P. Marine units. All participated at full force. We were actually standing on a pier waiting to be picked up. In awe we watched the numerous rescue teams methodically and urgently search for the floating dummies which were tagged with a number which represented actual human beings, us. Upon our numbered dummy being found, the rescue boat which found it came to the pier, traded the dummy for the real person and then our acting skills (or lack

of) kicked in.

On the way back to shore (Waupoos Marina) we would then answer the questions asked regarding our injuries. The attitudes, concerns and organizational abilities were amazing. It was like being in a REAL WORLD situation. We were met by medical teams (EMS) re-evaluated and discharged if lucky. Two dummies did not survive. Three were never found. Never in my wildest dreams did I imagine a Search and Rescue was this involved and intense. SARS members from Trenton Base were also present.

The Communications post was in full disaster mode which is a world of its' own and you could feel the extreme pressure just by watching the faces of those manning it. It was a quite the learning experience. Boaters take note. If you are in trouble or distress, call either channel 16 or \*16 on the cell phone. Stay calm. The best is on its' way.

Elaine Handy  
RVCC

## Weather Course



This course teaches all about the formation and behaviour of weather around us. You will learn about fronts, clouds, thunderstorms and tornadoes and the atmospheric conditions that drive them, and how to interpret weather maps. It will be taught by a meteorologist from the CFB Trenton weather office, and you will learn much more than is covered in the manual.

**Dates:** Classes on Wednesday at 1900 hrs. Feb 13, 20, 27.

March 06, 13, 20, 27. April 10, 17, April 24<sup>th</sup> exam.

**Fee:** \$75 members, \$80 non-members

**Contact:** RCAF Trenton CPS Training Officer John Brewster

(john.sandy2006@gmail.com)  
cell: 613 970 0309 Home: 613-395-2117

## Have you renewed your membership?

Forgot to renew your CPS membership? You can still complete your renewal form, make out a cheque to the Canadian Power & Sail Squadrons, and then mail it to CPS Headquarters at 26 Golden Gate Court, Scarborough, ON, M1P 3A5. Just follow the instructions on your invoice. You can also quickly and easily renew your membership yourself by going on-line to our CPS website (\*[www.cps-ecp.ca](http://www.cps-ecp.ca)), accessing the Membership section, clicking on Renew Membership, entering your CPS ID number and following the steps outlined. You may pay by Visa, or MasterCard. If you have misplaced your invoice, you may call CPS Headquarters at 1-888-CPS-BOAT (1-888-277-2628), or call me at (613) 965-1074 and I will be happy to assist you.

Remember, only members in good standing are permitted to fly the CPS flag and are entitled to our many CPS member benefits which are listed on our website. If you are presently a Boating graduate signed up with Cowan Insurance and receiving their 10% discount, it is also worth noting, that the more boating courses you take, the lower your insurance premium will be. Even if you are unable to take a course at this time, renewing your membership, helps our volunteers promote SAFE BOATING THROUGH EDUCATION, increasing safety and pleasure on the waterways for everyone.

Change of address, email, phone #? Please let me know if you have any changes to address, phone number, e-mail account or boat name, so that we can keep our membership list up to date. To save time, you may change the information yourself on our CPS website (\*[www.cps-ecp.ca](http://www.cps-ecp.ca)). Simply go into the Membership section, "First Time Visitor" and follow the steps. Once your online profile is created, and you wish to make a change, just click on 'login', and enter your email address with the new password created, and click on login. On the next page, you will see "Personal Members Links". Proceed to "My Profile" to update your address, telephone, email or other information you wish. Only your name and date of birth can't be changed unless you call H.Q. and they will update them if a mistake was made during the creation of your records.

RCAF Trenton Squadron (<http://www.cps-ecp.ca/RCAFTrenton/>) now proudly stands at 134 members. With such a large membership, our backgrounds provide a great deal of diversity. If your experience and skills could help us in any way, we would be delighted to have you join our volunteer roster. Just give me a call or send me an e-mail indicating your special interest. We encourage you to invite your friends to join CPS, not only to add to their safe boating experiences, but also to have fun at various squadrons' social events and enjoy, along with you, the pride of belonging to a world-class boating organization. We sincerely appreciate all of your continued support.

**Frank Sheedy**  
**Membership Officer**

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## Maritime Radio Course



This course will prepare you to write the exam for the Restricted Operator Certificate (Marine) ROC(M) with the new Digital Selective Calling (DSC) endorsement. You can take Part 2 DSC only, if you already have your ROC(M).

- Fees: \$60 for members and \$75 non members \$40 for second family member, \$46 for part 2 only -
- Dates: Classes on Monday February 25<sup>th</sup>, March 4<sup>th</sup>, Exam on Monday March 11<sup>th</sup>.

Fee: \$60 members, \$75 non-members  
Contact: RCAF Trenton CPS Training Officer  
John Brewster  
([john.sandy2006@gmail.com](mailto:john.sandy2006@gmail.com))  
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## RCAF Trenton Power & Sail Squadron

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**Safe boating is better than  
the alternative**

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Secretary	Carol Nicholson	
Treasurer	Doug Cowburn	613 475-9730
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## Coming Events

Dec. 13 Bridge meeting  
Dec. 17 Wine & Cheese  
Jan. 10 Bridge meeting  
Jan. 22 Y/C Exec meeting  
Feb. 13 Weather Course  
Feb. 14 Bridge meeting  
Feb. 16 Wine Tasting  
Feb. 25 Marine Radio VHF  
Feb. 26 Y/C Exec meeting  
Mar. 14 Bridge meeting  
Mar. 16 St Patrick's Pot luck  
Mar. 26 Y/C Exec meeting  
Apr. 01 Y/C SAGM  
Apr. 11 Bridge meeting  
Apr. 23 Y/C Exec. meeting  
Apr. 25 AGM Change watch  
Apr. 27 First Lift-in  
May 09 Bridge Meeting  
May 12 Second Lift-in  
May 14 Grad Cup comp.  
May 26 Y/C Sail Past

## West Marine Kingston Specials

West Marine in Kingston just phoned me and told me that their "Port Supply Days", which is commercial pricing, will be held Dec. 6th -8th for all military, ex-military, police & fireman. In addition to commercial pricing there is a further discount of:

- 15% on all clothing and footwear
- 5% on electronics, boats and motors. (boats & motors can be purchased separately)
- 15% on everything else.

Would you please forward this information to your friends, buddies etc. West Marine also has the latest Chapman's on sale. The boating class maybe interested in this. I bought it last year at a very good price.

### Wine & Cheese Party

Monday, December 17<sup>th</sup> 8PM  
CFB Trenton Yacht Club. All Squadron members are invited to come and meet our students taking the Boating course. Spouses and partners are especially welcome  
Cash Bar

Thanks,

Doug Cowburn

Treasurer