

# THE QUARTERDECK



PORT MOODY POWER AND SAIL SQUADRON



June 2017 Newsletter

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Julie Bruce, Commander

## A Message from the Commander

I am very honoured to take over command of this energetic & vibrant squadron. During the past year PMPSS taught approximately 170 students, had six highly successful cruises, and our social calendar was full of costume themes, golf tournaments, an On-The-Water Concert, and dances, along with our RVCC/Flare Disposal Day, Shoreline Cleanup and Remembrance Day Service community events. None of this would have been possible without the efforts of all our volunteers.

Truth be told, membership is declining nation-wide and PMPSS has not been immune to that. Our membership is down to about 280 active members, and even though our finances are in good shape, our membership fee will increase for the first time ever on July 1<sup>st</sup>, 2017.

We had our first Bridge meeting on May 16<sup>th</sup> and our calendar of events and budget for the coming year has been established. Foremost, our goals are to 1) facilitate and promote more prospecting events to fill our classrooms through-to new member sign ups and 2) continue to grow and motivate our eager volunteer base as we face the challenges of both the 1<sup>st</sup> goal, and filling the shoes of long standing officers that have or will be stepping down.

Your squadron needs you. If you would like to become more involved in squadron functions, please let me know. We also encourage you to attend the Bridge meetings

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## WHERE TO FIND US



[www.portmoodypss.com](http://www.portmoodypss.com)



[www.facebook.com/groups/pmpss](https://www.facebook.com/groups/pmpss)



[www.twitter.com/portmoodypss](https://www.twitter.com/portmoodypss)



## HAVE A STORY?

Have a story? Some pictures perhaps? Article ideas? Or a celebration? Send me an email!

[editor@portmoodypss.com](mailto:editor@portmoodypss.com)

Cheers,  
Dianne Kakanowski, Editor



(Continued from page 1)

to get an understanding of the operational side of the squadron. Our next Bridge meeting is 1900 hrs at Willy's Galley, Reed Point Marina on Tuesday June 20<sup>th</sup>.

I wish you all a safe and enjoyable boating season and look forward to seeing you out on the water.



Respectfully submitted,  
Julie (Ryder) Bruce  
Commander



Sailpast May 2017

## Cruise Dates Summer 2017



The Port Moody Power and Sail Squadron always promotes safety first but members also like to have fun! Check out the recent PMPSS cruise photos taken just this year throughout this edition of The Quarterdeck!

Upcoming cruises Summer 2017 are as follows:

- ♦ **Puget Sound Cruise June 30<sup>th</sup> to July 16<sup>th</sup>**—Come enjoy a challenging cruise to Puget sound. This cruise includes crossing into US waters, transiting busy commercial shipping lanes, cruise legs in excess of 50 nm transit through Ballard Locks into Lake Union and transition through narrow channels. It is only recommended for confident skippers.
- ♦ **Desolation Cruise July 29<sup>th</sup> to August 13<sup>th</sup>**—Details to follow so watch the Facebook page or [www.portmoodypss.com](http://www.portmoodypss.com)
- ♦ **USSC Marina, Snug Cove, Bowen Island September 1<sup>st</sup> to 4<sup>th</sup>**—Call USSC (604) 947-0707 to book! Make sure you mention that are with PMPSS. More details to come.

Check the PMPSS Facebook page or [www.portmoodypss.com](http://www.portmoodypss.com) for updates on future cruise details. Hope to see you on the water this year!

## HAVE YOU TAKEN THE VHF COURSE?

Courses for VHF run often throughout the year based on demand. Check [www.portmoodypss.com](http://www.portmoodypss.com) or contact Lynn Meisl at 604-516-6072.



# PMPSS Bridge 2017/2018

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Member at Large	Shelly Herron	
Financial Reviewer (assistant Treasurer)	Eric Lusk	



## NEED A NEW SQUADRON BURGEE OR CPS FLAG?

Contact our Supplies Officer, Sukru Yigit at  
[supplies@portmoodypss.com](mailto:supplies@portmoodypss.com) for hats, jackets,  
 t-shirts and more!



# Upcoming Course Content/Dates

## **Restricted Operator Certificate (Maritime) & DSC**

**July 11<sup>TH</sup> 7–10 p.m. or Call Lynn directly for availability -Reed Point Marina, Marine Education Centre, Port Moody \$110.00**

This complete package with CD, and the new Digital Selective Calling, will prepare you for the Restricted Operator Certificate (Maritime) with DSC Endorsement exam. To operate a maritime radio, you need the certificate. It is the law! The Maritime Radio course teaches emergency radio procedures, as well as everyday operating techniques.

Learn all about the uses of marine radios, choice of frequencies, operation, phonetic alphabet, procedural words and phrases, as well as Digital Selective Calling and the Global Maritime Distress and Safety System, (DSC/GMDSS). All mariners, including recreational boaters, will want to take advantage of the many features and capabilities of this innovative form “automatic” radio. Secure your lifeline. Be sure that you and your family take the Maritime Radio course.

**Please contact Lynn Meisl at [604-516-6072](tel:604-516-6072).**

## **Boating Basics PCOC: Boating I**

**July 15<sup>TH</sup> 10 a.m.–4 p.m. Ages 12+ \$95.00**

Get your Pleasure Craft Operator Card! All operators of motorized pleasure craft are required to show proof of operator competency. All you need to know for the Transport Canada test is presented in an easy to read format that is both informative and entertaining. You can be confident that this study guide meets all the standards established by Transport Canada’s Office of Boating Safety.

**As an extra benefit, if you pass the test offered by Canadian Power and Sail Squadrons, your Card is recognized by BOTH Transport Canada and The National Association of State Boating Law Administrators (USA).**

**\*\* Note\*\* You may contact Glen Anchor directly at [gwanchor@telus.net](mailto:gwanchor@telus.net) or 604-461-5677 for the PCOC course.**

## **Beyond the PCOC: Boating 2 & Introduction to Marine Navigation-Boating 3**

**September 21 - November 30/2017 - at Port Moody Secondary School \$275.00**

**Beyond the PCOC-Boating 2:** More than your Boating Licence! The PCOC makes sure you have immediate navigation and safety skills but it’s just the beginning of what you should know when you get on a boat. In the second of our Boating Series, you are introduced to the art of navigation, anchoring, ropes, lines and knots – not to mention what to expect when the boat is moving under power. This course also has a number of optional topics that will be taught depending on your interests; these include towing, trailering and a check list for layup and launch. *Suggested Prerequisite: Pleasure Craft Operator Card (PCOC)*

**Introduction to Marine Navigation-Boating 3:** Enjoyment and safety on the water require knowledge. Introduction to Navigation will take you to the next level in your boating education. Technology has changed the way we navigate. However, in order to use a GPS/chartplotter effectively, you should understand the use of paper charts and coastal navigation. The topics covered in this course; plotting and labelling on paper charts, environmental responsibilities, skippers responsibilities before setting out and when under way, electrical hazards and handling a boat under sail will increase your boating knowledge and make your adventures on the water safe and enjoyable.

## **Boating 4 – Near Shore Marine Level I - Formerly Seamanship**

**September 14 - November 9/2017 - at Willy’s Galley \$185.00**

Do you know what to do if a boat on fire calls you for help? Can you deal with emergencies on your own boat? Build your confidence on the water, and make your boating a safe and fun experience, by taking the CPS Seamanship Course. You will learn how to cope with these situations, as well as many other aspects of boating, such as relative bearings, knots and splicing, medical emergencies, coping with adverse weather, and much more.

(Continued on page 5)

### **Electronic Marine Navigation**

**September 28 - November 2/2017 - At PMSS \$185**

This course will allow the pleasure craft operator to navigate safely knowing his exact location at all times. You will learn to navigate using GPS and paper charts as well as electronic charting devices. It includes a CD containing a number of charts and a full scale simulator of a chart plotter to help you learn by doing. Join with others to share experiences and knowledge.

### **Boat and Engine Maintenance**

**September 21 - November 23/2017 - At PMSS \$185**

Keep the water on the other side of the wall! From spark plugs to bottom paint, this course covers all the basics for “do it yourself” boaters. This course will equip you with the knowledge required to prevent onboard problems, carry out specialized tasks and tackle both short-term troubleshooting as well as long-term boat care. It features practical information and handy tips suitable for both new and existing boat owners. The dream of owning, maintaining and using your own boat without great expense can be achieved through the completion of the Boat & Engine Maintenance Course.

To register, go to [www.boatingcourses.ca](http://www.boatingcourses.ca) or [www.portmoodypss.com](http://www.portmoodypss.com). If the site doesn't show the course that you're interested in, feel free to contact either Glen Anchor at 604-868-8382 or Michelle Warrington at 604-250-5370 or email Glen at [gwanchor@telus.net](mailto:gwanchor@telus.net) or Michelle at [cmwarrington@telus.net](mailto:cmwarrington@telus.net) and they will help you register.



### **A Successful RVCC Event**

Port Moody Squadron in partnership with Coquitlam and Burnaby Squadrons held our annual **Recreation Vehicle Courtesy Check (RVCC)** on June 3rd, 2017 at Reed Point Marina. During the day, Twenty (20) boats were checked—for free!

**It's not too late.** We will still check your boat for free as well, and if you have everything you need, you'll get a Safety Inspection Sticker. This sticker won't guarantee that enforcement officers

won't ask to see your safety equipment, but as long as you don't take anything off the boat that was there when it was checked – you should be confident that you are in compliance and won't get a fine for safety equipment violations.

If you don't have everything... we will explain exactly what you should have on board so you can be sure to win that bet. And once you are boating safely, you're not just saving \$200 - you could be saving your life.

Contact Gary Coleman at [rvcc@portmoodypss.com](mailto:rvcc@portmoodypss.com) to schedule your courtesy check!



Picture taken March 25th, 2017. Certified to check your boat for safety!



# Easter 2017





# Important Information To Know



Picture taken September 2015

Come join us on **Saturday, September 16th at 10am** for a few hours of rewarding work and a whole lot of fun!

Come be amazed at what we find, maybe you'll even set a new record! This will be an amazing day to help make a difference in our community and local waters, and a good excuse to hang out with fellow boaters.

We'll meet at the picnic shelters at Rocky Point Park (Port Moody) rain or shine.

Please bring boots appropriate for walking

in tidal flats, sunblock if needed, and long arm grabber/reacher tools are handy. We'll have coffee and snacks available for volunteers. Please contact Environment Officer Tom Kakanowski with any questions at: [environment@portmoodypss.com](mailto:environment@portmoodypss.com).

**D**ID YOU KNOW... your bridge will be seeking your opinions? PMPSS will be trying a new method for getting member feedback shortly, in the form of an online questionnaire, which you will see soon, so keep an eye on your inbox!



While the PMPSS bridge is elected to represent the interests of its members, there's little substitute for the value of direct member feedback, so please help us by responding! Responses will be confidential and non-identifiable, you are answering anonymously. It is important that the bridge gets honest answers so that we can improve the squadron for everyone!



The most recent student graduation took place Thursday June 15th at Willy's Galley. Congratulations to the students!



# Change of Watch May 6th, 2017








Many more photos are available on our private Facebook page. Check them out here: <http://bit.ly/2t3utRH> See if you can spot yourself!





# Calendar of Events

## June 2017




Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 RVCC 
4	5	6	7	8	9	10
11	12	13	14	15 Student Grad 	16	17
18 Father's Day 	19	20 Bridge Meeting 	21	22	23	24
25	26	27	28	29	30 July Cruise—June 30-July 16 	

## July 2017





Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 
2	3	4	5	6	7	8
July Cruise from June 30th to July 16th Please check Facebook event page for details!						
9	10	11 VHF Course	12	13	14	15 PCOC Course
16 	17	18	19	20	21	22
23	24	25	26	27	28	29
30 Desolation Cruise July 28-Aug. 13	31					



# August 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 	2 Desolation Sound Cruise July 28th - August 13th with PMPSS	3	4	5
6 	7	8	9	10	11	12 
	Desolation Sound Cruise July 28th - August 13th with PMPSS					
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

# September 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Bowen Island Cruise September 1-4	2 
3 	4 Bowen Island Cruise September 1-4	5	6	7	8	9
10	11	12	13	14 Boating 4	15	16  Shoreline Cleanup
17	18	19  Bridge Meeting	20	21 Boating 2/3 + Boating 4	22	23
24	25	26	27	28 Boating 2/3 + Boating 4	29	30



# Backyard Bash





# The Captain's Table

## Fattoush Salad with Shish Taouk (A light Lebanese meal—great for summer!)



### **Fattoush (Lebanese "Crumbled Bread" Salad with Sumac and Pita Chips)**

Makes 4 large main-dish salads or 6 small side salads.

#### **Ingredients:**

2 whole wheat pita pocket breads, cut into strips about 3/4 inch wide, then toasted and crumbled  
2 heads Romaine lettuce, chopped  
1/2 cup thinly sliced green onion  
1 cup diced tomatoes  
1 cup diced cucumber  
1/2 cup coarsely chopped fresh mint leaves  
1/2 cup coarsely chopped flat-leaf parsley (leaves only, no stems)  
optional ingredients: chopped green pepper or radishes

#### **Dressing Ingredients:**

1 tsp. chopped garlic (2-4 cloves garlic)  
1 tsp. salt (I used fine grind sea salt)  
1/2 cup fresh squeezed lemon juice, about 2 large lemons (adjust the amount to your own taste)  
1 tsp. powdered Sumac, plus more for sprinkling on individual salads if desired)  
1/2 cup extra virgin olive oil

#### **Instructions:**

Preheat oven or toaster oven to 400F/200C. While oven heats, mash together the chopped garlic and salt using a mortar and pestle, or the side of a knife or spoon. Put garlic-salt paste in a small bowl, then add lemon juice and 1 tsp. Sumac. Whisk in olive oil and set dressing aside. (You can also make the dressing in a glass jar and shake to combine.)

Cut whole wheat pita into strips about 3/4 inch wide and arrange on baking sheet. (Some recipes call for brushing the pita with olive oil, but I didn't do that.) Bake until pita strips are crisp but only barely starting to brown, less than 10 minutes. Watch carefully because they can go from crisp to overly brown rather quickly.

Remove outer leaves from Romaine, trim stem end, then wash and spin dry or dry with paper towels. Cut Romaine into fourths lengthwise, then turn and chop crosswise into small pieces. Put chopped Romaine into salad bowl large enough to toss all ingredients.

Chop tomatoes, green onions, cucumbers, mint, and parsley and add to lettuce. Add about half of the dressing and toss, then add crumbled pita chips and toss again with more dressing. (You may not want all the dressing, but this salad should be quite wet.) At this point the salad should sit for a few minutes (or longer) to let flavors blend and so the pita chips absorb some of the dressing. To serve, arrange salad on individual plates and sprinkle with a bit more Sumac. You can also serve it in a large bowl with the Sumac sprinkled over.

**(See Next page for Shish Taouk recipe)**

### **HAVE YOU TAKEN THE VHF COURSE?**

Courses for VHF run often throughout the year based on demand. Check [www.portmoodypss.com](http://www.portmoodypss.com) or contact Lynn Meisl at 604-516-6072.

# The Captain's Table ~ Continued

## Shish Taouk – Lebanese Chicken Skewers

### Ingredients:

2 boneless skinless chicken breasts, cut into large cubes  
1/4 cup Greek yogurt  
3 tablespoons extra virgin olive oil  
2 tablespoons tomato paste  
6 cloves garlic, minced  
1 lemon, juiced  
1 tablespoon paprika  
3/4 teaspoons dried thyme  
1/2 teaspoon ground cumin  
1/4 teaspoon ground allspice  
1 teaspoon salt  
1/2 teaspoon ground pepper, or to taste  
Bamboo skewers, soaked in water for at least 30 minutes.

### Instructions:

In a small bowl, mix the minced garlic, yogurt, tomato paste, olive oil and lemon juice. Add in the dried spices, salt and pepper, and whisk together. Coat the chicken with the marinade and cover bowl. Refrigerate for at least 2 hours up to 8 hours. Any longer and you'll have mushy chicken because the acidity of the lemon juice and Greek yogurt will "cook" or break down the texture of the chicken.

Thread chicken on skewers and grill or cook under a broiler. Grill the chicken over moderately high to high, or broil for about 5-7 minutes per side, flipping once, until you see visible char marks and the chicken is cooked through.

Makes 2-3 servings.

(Note: The Shish Taouk shown here was cooked using an Air Fryer)



## HAVE YOU PUT OFF GETTING YOUR ROC?

Courses for VHF run often through the year on a demand basis. Check [www.portmoodypss.com](http://www.portmoodypss.com) or contact Lynn Meisl at 604-516-6072.





**Ahoy Matey! Some of our members took part in the Variety "Boat for Hope" event on June 10th. Check out their pirate gear! A wonderful cause and for the hundreds of kids who participate every year, the day is an opportunity to get out on the water (with looting pirates never far away).**



## Boat for Hope

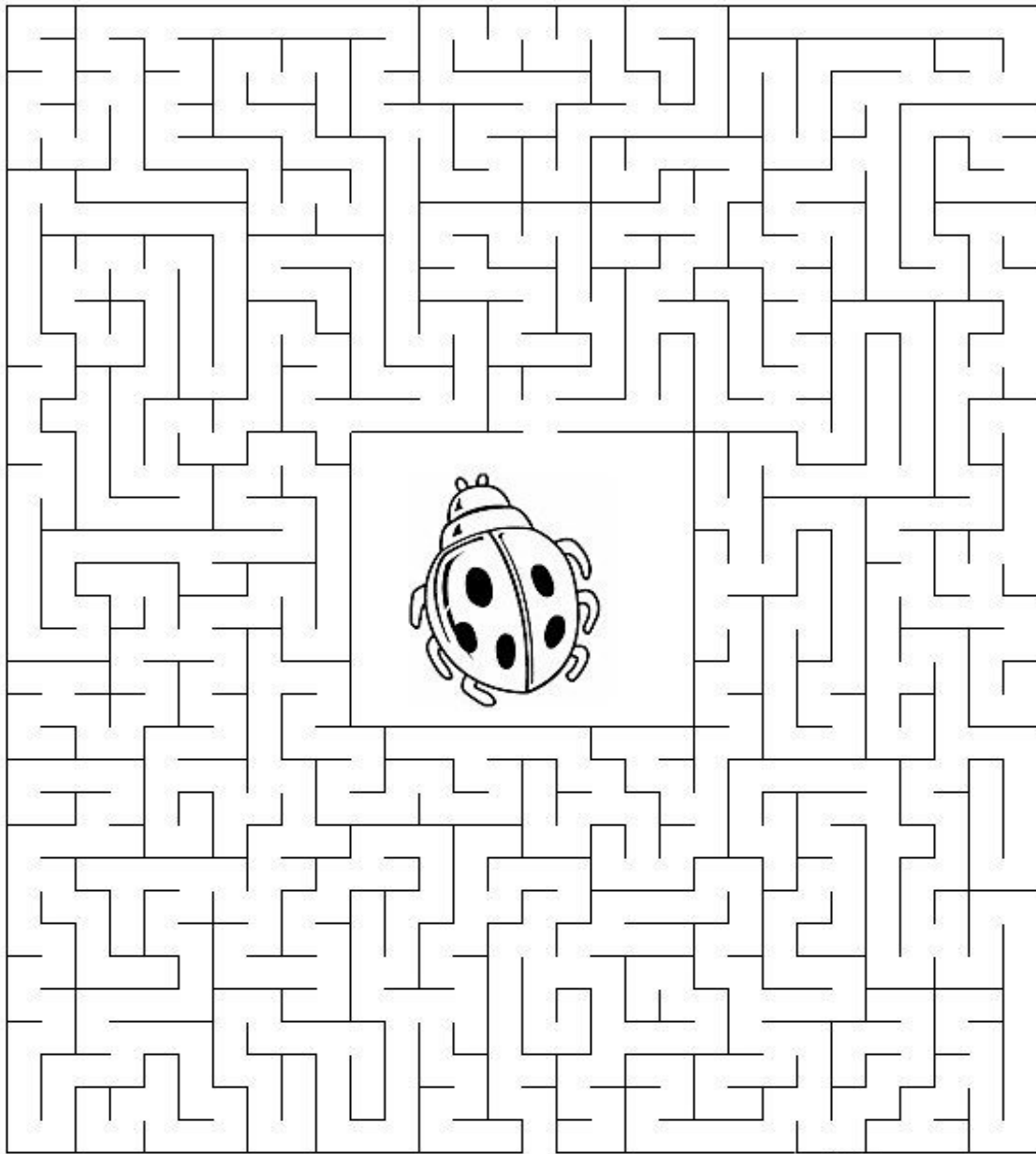


# Fun & Games

## lady bug maze

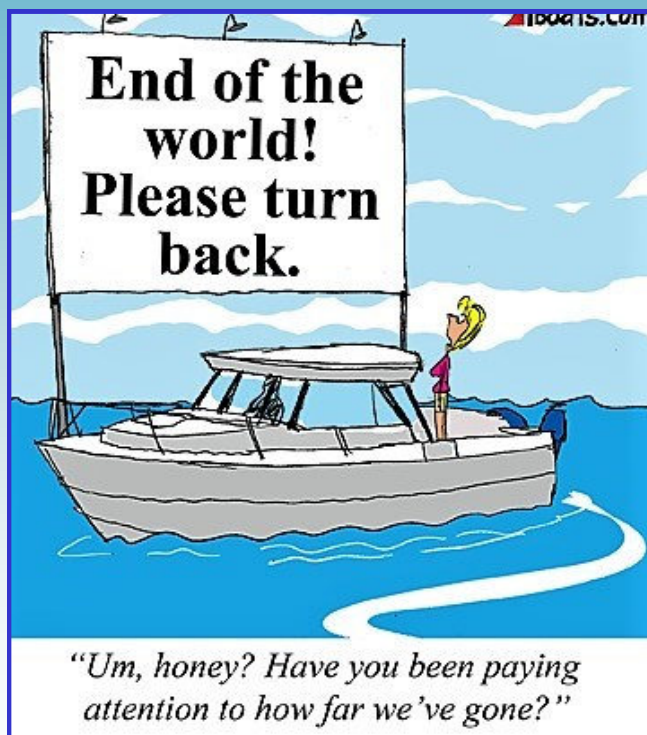


Help the lady bug find her way out!





# The Transom Classifieds



Like new, 22Kg stainless Ultra anchor, list price \$1600, lifetime guarantee, Asking \$1000. Contact Tony at: [604-813-6814](tel:604-813-6814). Since selling the boat, many items for sale including life jackets, too many to list. Contact Tony if you're looking for anything boat related! He may just have it to sell!



Blow out sale. PMPSS special. Case of 12 individual containers. Although they are called "boaters wipes", they also work great on RV's, bikes in the garage and around the house. Very multi purpose and environmentally friendly. You can check them out on line. Regularly \$99 US on line. NOW \$30 CDN. Cash and carry. Contact, Glenn at: [korkon@shaw.ca](mailto:korkon@shaw.ca)



## WHERE TO FIND US



[www.portmoodypss.com](http://www.portmoodypss.com)



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[www.twitter.com/portmoodypss](https://www.twitter.com/portmoodypss)



Can you find the 6 hidden words in this picture?

Do you have a service, product or items that you're looking to sell? Let me know and I'll add it to the Classified section in the next Quarterdeck! Email me at [edi-  
tor@portmoodypss.com](mailto:editor@portmoodypss.com)