

The Quarterdeck

The Official Newsletter of the Port Moody Power & Sail Squadron



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MAR 2007

*Remembrance Day
Santa's Carol Ships
Penguin Plunge
Valentine's Dance – Fall Grad
Upcoming Events*



(see you all here April 6 - 9, 2007)

COMMANDER'S MESSAGE

Hi everyone and welcome to our latest issue of the Quarterdeck.

While this past winter season has not been as favourable for boating as we would want, there were still opportunities to enjoy some boating activities as the weather allowed. For certain, the carol ship cruises are getting bigger and better every year and I would urge you to consider decorating your boat next year to get in the festive mood. We find this a great opportunity to invite family and friends to enjoy a different way of celebrating the season.

Our Training Department finished off a very successful fall program and, not taking a break,

(Continued on page 6)

Remembrance Day - Nov 11, 2007

With the November morning skies appropriately gray and overcast, the 2006 Remembrance Day Service at Belcarra Park marked the 30th successive year that Port Moody Power & Sail Squadron have assembled to honor the fallen in all wars. We were joined again this year by members from Burnaby and Coquitlam Squadrons, swelling the overall attendance to close to 200 people.

With boats safely in position, and everyone gathered on the dock, the service commenced precisely at 10:30 with recordings by Vancouver Pipe Band, and World War II sound tracks narrated by Mathew Holten of the CBC. The proceedings were led by Ron Minshall of Coquitlam Squadron with additional comments from Alan Barrie. Of particular importance, we were reminded that Canadian Armed Forces remain to this day in conflict zones around the world, and in particular, the war in Afghanistan – We will remember them.



Wreaths were laid on the water by Commander Chris Reniers and lifetime member Lawrence Schmidt to honor the fallen, and additional wreaths laid to respect members of our squadron that were lost over the past year. Uncannily, right at the start of the two minutes silence, the gray clouds parted and gave way to bright sunshine which added considerable poignancy to the entire proceedings. The sun stayed for a few short minutes, but lasted long enough for the formation fly-past of four aircraft, led by our own John Northey.

The entire service was conducted with much dignity, and truly reflected the emotions and feelings of all in attendance. Special thanks must go to Lawrence Schmidt and his team for the amount of effort required to prepare and coordinate this important event.



Fellowship at Belcarra Park

Following the formal part of the proceedings, an excellent lunch of Chili and Hot Dogs was prepared and served in the covered area of the park by members of our Social Committee, led by Brian Nielsen, ably assisted by Dave Attewell and Roni Clark.

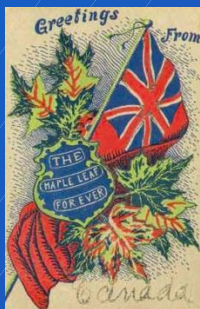
As we left to quietly cruise home in calm waters, we reflected just how thankful we are to those who paid so dearly to allow us to live in such a beautiful and safe country.

Chris Sheldon
Merlin IV





...formation fly-past of four aircraft, led by our own John Northey



The Maple Leaf Forever is a Canadian song written by Alexander Muir (1830-1906) in 1867, the year of Canada's Confederation. The song became quite popular in English Canada and for many years served as an unofficial national anthem. Because of its strongly British perspective it became unpopular amongst French Canadian, and this prevented it from ever becoming an official anthem. It is also the authorized regimental march of The Queen's Own Rifles of Canada and The Royal Westminster Regiment. (see page 4 for lyrics to the song....)



The Maple Leaf Forever

In days of yore, from Britain's shore,
 Wolfe, the dauntless hero came,
 And planted firm Britannia's flag,
 On Canada's fair domain.
 Here may it wave, our boast, our pride,
 And joined in love together,
 The lily, thistle, shamrock, rose entwine
 The Maple Leaf forever!

Chorus:

The Maple Leaf, our emblem dear,
 The Maple Leaf forever!
 God save our Queen, and Heaven bless,
 The Maple Leaf forever!

At Queenston Heights and Lundy's Lane,
 Our brave fathers, side by side,
 For freedom, homes, and loved ones dear,
 Firmly stood and nobly died;
 And those dear rights which they maintained,
 We swear to yield them never!
 Our watchword evermore shall be,
 The Maple Leaf forever!

Chorus:

Our fair Dominion now extends
 From Cape Race to Nootka Sound;
 May peace forever be our lot,
 And plenteous store abound:
 And may those ties of love be ours
 Which discord cannot sever,
 And flourish green o'er freedom's home
 The Maple Leaf forever!

Chorus:

On merry England's far famed land
 May kind heaven sweetly smile,
 God bless old Scotland evermore
 and Ireland's Em'rald isle!
 And swell the song both loud and long
 Till rocks and forest quiver!
 God save our Queen and Heaven bless
 The Maple Leaf forever!

Chorus:

Lily = Wales
 Thistle = Scotland
 Shamrock = Ireland
 Rose = England
 Maple Leaf = Canada



A Sea Shanty for the Port Moody Power Squadron ~

By L. Anon

As I went down to Moody Town
 My fortune there to find
 A fair young thing swept out of the mist
 (A love of another kind)
 Well an old sea hand came up to me
 He gave my head a clout
 Says "You'll need to join the Power Squad
 Before you take it out!"



Chorus: And you'll be fine, if you spend some time
 With the good old PMPS!

Now I'm up to to me can in spars and buoys
 My halyard's in my jib
 My mind has bifurcated, I cannot tell a fib
 It's "red right returning" (buoys) and slow down in the fog

Chorus: But I'll be fine, 'cause I'm spending time
 With the fine old PMPS!

I'm learning how to navigate,
 And use the compass rose
 The latitudes and longitudes no problem do they pose
 But when it comes to deviance
 I've had it up the nose!

Chorus: But I'll be fine, 'cause I'm putting in time
 With our fine old PMPS!

The Power Squad has volunteers
 (They're always in the brew)
 They cannot spell and their jokes are hell
 But they're always there for you!

Chorus: And I'll be fine, 'cause I've spent time
 With this fine old PMPS!

When all is done and we've had our fun
 And I have my card for clout
 Well I'll tell you now
 All I wanted to do (heh hem) Was take my dinghy out!

Chorus: And I'll be fine, 'cause I've spent this time
 With the good old PMPS!

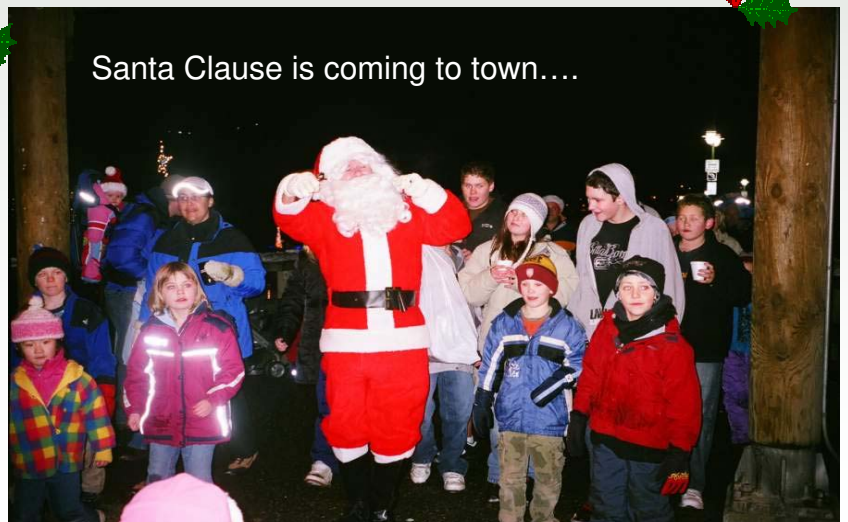
**neurologically damaged but intrepid row boat skipper, first class*

Santa's Carol Ships



Seasons Greetings

It was an incredible showing this year with over a dozen boats for all four nights. Santa's Carol ships cruised around the Burrard Inlet displaying their fabulous decorations. Although the weather appeared to have been the coldest it's ever been this winter season, it was still in our favour. Everyone bundled up as needed and enjoyed yet another great year of holiday festivities, especially the kids who had a magical treat and then got to visit with Santa at Rocky Point.



they have embarked on a very ambitious schedule for the spring program. Thank you to the whole team and those that are helping as instructors and proctors. Our Valentines Dance showed the positive impression created by Lynn Meisl and her team with the largest contingent of grads from the Fall Boating Course to ever appear along with a sizeable group from the spring class. These students are our future and there is every indication that they will make our Squadron stronger. To our existing members, I encourage you to extend a welcoming hand and make them feel at home.

CPS has done much soul searching lately recognizing that it needs to change with the times. As part of a Strategic Plan, a number of initiatives have been undertaken to make the organization more relevant to a new generation of boaters. Amongst those initiatives include the decision to remove the use of military ranks for various positions. Other than Commander (National, District, Squadron and Past Commander), there will no longer be any ranks. Positions in the Squadron will be defined by their role. For example, Executive Officer, Squadron Training Officer, Treasurer, Supply Officer Etc. This change is effective immediately. In addition the use of uniforms has been significantly curtailed. From a total of nine uniforms, CPS now has one (blue blazer with grey slacks) and even that is not mandatory. You will have also seen the announcement of a CPS-ECP Brand Name Contest to try and identify a logo that will help define what CPS stands for.

In the next month, we will be seeking volunteers to serve on next year's Bridge. New blood is always welcome and in fact encouraged as this helps keep our squadron vibrant and relevant. If you have an interest in serving your fellow members or would like to find out about the opportunities available, please contact our Executive Officer, Doug Cousins at execofficer@portmoodypss.com.

With the recent boat show, the warmer weather and longer days, we are eager to spend more time on the water. We look forward to seeing you out there as we shake the cobwebs off of our Alibi. Thank you for helping make this a great squadron and thank you all for the support you have given me over the past year.

Wishing you a great boating year.

Chris

Chris Reniers P
Commander



~ UPCOMING 2007 EVENTS ~

April 6 – 9

May 18 – 21

May 26

June 7 – 10

June 29 – July 8

July 28 – Aug 12

Easter Cruise, Union Steamship Marina

Victoria Day Cruise, Gibson's Landing Marina

Change of Watch, Old Orchard Hall, Ioco Port Moody

Bayliner Rendezvous, Roche Harbour Marina

Summer Gulf Islands Cruise

Desolation Sound Cruise

The Weather Watch - Feb 2007

As we move into late winter and early spring and entertain thoughts about local cruises as the days lengthen – it is useful to keep in mind the cautions noted in Environment Canada's "Coastal Weather for British Columbia Mariners". I have combined some of these with local weather lore, for your consideration:

Indian Arm – Check the winds at Pam Rocks in Howe Sound if outflow conditions prevail. Winds in the Arm are usually 10 knots or so less than reported at Pam Rocks, but can be nasty if the air is cold and deep, mainly early in the day and in the cool of the night. Seas of 2.0m are not unknown during a strong northerly outflow.

First Narrows – Strong westerlies, say after a cold front passage when the sky is otherwise clear and the sun is bright, when applied against a spring ebb tide, can create standing waves along the north shore. Keep to the south side of the entrance, traffic permitting – or wait.

Point Atkinson – Tidal streams from Burrard Inlet and Howe Sound converge and create tide rips at the best of times. If there is also a medium to strong southerly wind (which picks up fetch on the north side of English Bay) the sea becomes confused and unpredictable. An ebb tide with a westerly wind can also create short steep seas.

Howe Sound – Watch for freezing rain near Squamish when cold air is trapped in the valley. In an outflow situation (which usually comes with the clearest weather), the winds are strongest through Montague Channel, and will also blow strongly into Port Graves. Very heavy rain can be expected in late winter during a "Pineapple Express" event.

Strait of Georgia – During winter and on frontal passage of a system (which may have had little precipitation – otherwise why would you be out there!), winds can shift from east or southeast ahead of the front to strong northwest very quickly. Add the influence of the Fraser River plume and you can have a very rough and confused ride.

Spring must be approaching, as I just cleaned the dingy in anticipation of another season. Strange how boaters get these weird urges.

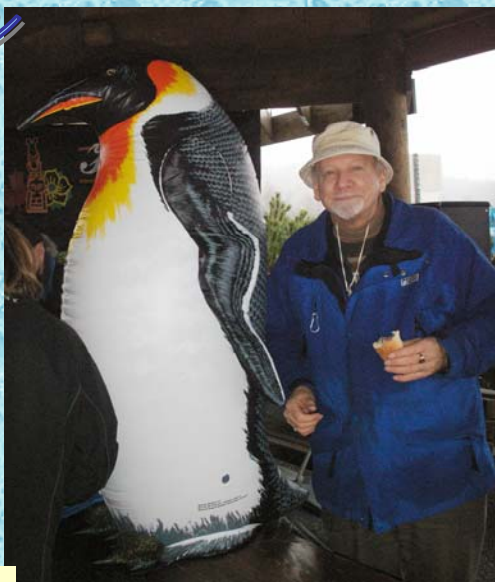
Be safe – take the weather course!

P/Cdr John Northey AP

REMINDER for MEMBERS

It's important to notify the Membership Officer (Chris Sheldon at 604-421-8061) if you have had any changes in your personal information such as phone numbers, emails, addresses etc so that we can update our records and be better able to get in touch with you

Penguin Plunge



Mr. Burrell in action!



This is spectacular !



Penguin Plunge

Once again, I was asked by Ron from the Pleasant Side Community Center to show up with my Dinghy at the annual Penguin Plunge. "Sure, no problem" I said. So, on Jan 1, 2007 off I went in the pouring rain.

I followed (Former Some June) Mike to the dock at Rocky Point with my left over carols, caroling at half power. Not many people were at the dock at that point so I went over to Mike's boat to say hi. Then others started to arrive by boat and foot. Sipping a hot Chocolate he provided, I was informed he had just got back from New Foundland where he popped the question to his girlfriend and she went for it. According to Mike, much mushing and gushing went on. Upon further sipping of hot chocolate, I informed Mike the only reason they wanted me there was so they could swim around my dinghy. He then wanted to know if I would be in the water swimming around on my back. Not wanting to cut off the free flow of hot chocolate, I politely informed him if I were to go into that temperature of water, not I nor anyone else would find my dinghy let alone swim around it.

Being the only Dinghy in town has it's risks. Some Red Neck buddy's had let the word leak out that they were going to show up with water balloons and potato guns. So I asked if I could fortify myself with just a little more hot chocolate in preparation. Thankfully they had tooooo much hot chocolate the night before and could not make it to the standing position - which is a requirement for walking. If you are not upright and still moving, it is called crawling. Not good to be seen in public doing that on Jan 1st.

The time came and, with a Hot Chocolate in hand, off I went to stand station. As soon as I left the safety of the dock, I found my electric motor boat was running out of gas. However, I did make it back to my boat for the oars and off I went again. Finally, on came the swimmers in a surge of foam bubbles and much spray. It's quite unnerving to sit there and know well that all one of them has to do is grab the side of my little island of safety and I too would be in that cold zone with them. Once again it was over and the winner was declared.

When I returned to Merlin to look for a little more hot chocolate I had a little problem finding my way through the barrage of Bubbles supplied by non other than Dave from Big Bubbles No Troubles. It was good that it was pouring at that point as Mike's boat had about one inch thick of bubbles all over it. Afterwards, we just hung out until one o'clock when the rest of the assembled penguins were about to go into the frigid water. However cold the water was I think the out-of-water environment was even colder as the pouring rain fell with a light wind -- nice wind chill. There were not too many spectators there as just about everyone on shore went in. NUTS!! Just plain NUTS!! I just don't get why anyone would do that. I was impressed by the big pink Flamingo and the Hawaii lady's and all the others who put it out there (to freeze off). Finally, we went back to the barn at Reed point, headed home to have some more Hot Chocolate and recover from the hypothermia.

Signing off until next time,

P/Cdr Lawrence Schmidt



Don't be left out in the cold, watching the fun through the windows because you didn't buy your tickets in time!!

**GOT YOUR
TICKETS?**

Change of Watch

Date: Saturday, May 26, 2007

Time: Cocktails 6:00 pm

Location: Old Orchard Hall
Ioco Road, Port Mood

Ticket Info

\$45 each for members until April 15th

\$50 each after April 15th

\$45 each for Fall 06 & Spring 07 Students

Tickets available from Lynn Meisl either at Glen Eagle School on Tuesday or Thursday evenings, during class times, or you may contact Lynn directly at 604-516-6071



Port Moody Power and Sail Squadron

ANNUAL GENERAL MEETING

Ioco Boat Club
Friday, April 27, 2007
1900 hours



Seafood Lasagne

Fussy but fabulous. Assemble the day before, cover and refrigerate. Bake just before serving.

Lasagne noodles	8	8
Boiling water	4 qts.	4 L
Cooking oil	1 tbsp.	15 mL
Salt	1 tbsp.	15 mL
Butter or hard margarine	2 tbsp.	30 mL
Chopped onion	1 cup	250 mL
Chopped celery	¼ cup	60 mL
Cream cheese, softened, cut up	8 oz.	250 g
Creamed cottage cheese	1 ½ cups	375 mL
Large egg	1	1
Grated Parmesan cheese	2 tbsp.	30 mL
Dried Basil	2 tsp.	10 mL
Salt	½ tsp	2 mL
Pepper	1/8 tsp	0.5 mL
Butter or hard margarine	¼ cup	60 mL
All-purpose flour	¼ cup	60 mL
Salt	½-1 tsp.	2-5 mL
Pepper	¼ tsp.	1 mL
Milk	2 cups	500 mL
Cooked shrimp, shelled and deveined (or 2x4 oz., 2 x 113 g cans)	2 cups 250 g	
Canned crabmeat, drained membrane removed	2 x 4 oz.	2 x 113 g
White wine (or alcohol-free wine)	1/3 cup	75 mL
Grated Parmesan cheese	¼ cup	60 mL
Grated medium or sharp cheddar cheese	1 cup	250 mL

Cook lasagna noodles in boiling water, cooking oil and first amount of salt in large uncovered pot for 14 to 16 minutes until tender but firm. Drain.

Melt first amount of butter in frying pan. Add onion and celery. Saute until soft.

Stir in cream cheese until it melts.

Mix in cottage cheese, egg, first amount of Parmesan cheese, basil, second amount of salt and first amount of pepper.

Melt second amount of butter in saucepan. Mix in flour, third amount of salt and second amount of pepper. Stir in milk until it boils and thickens.

Add shrimp, crabmeat and wine to milk sauce. Stir.

To assemble, layer as follows in greased 9 x 13 inch (22x33 cm) pan:

1. layer of 4 noodles
2. all cottage cheese mixture (see Note)
3. Layer of 4 noodles
4. all seafood mixture (see Note)
5. Parmesan cheese

Bake, uncovered, in 375 F (190 C) oven for about 45 minutes. Sprinkle with cheddar cheese. Return to oven for 3 to 4 minutes until it melts. Let stand 10 minutes before cutting into 12 pieces. Serves 8.

Note: Layers 2 and 4 may each be made up of ½ cottage cheese mixture and ½ seafood mixture rather than using all of each mixture for each layer.

Valentine's Dance & Fall Graduation



Congrats to Lynne Borthwick and Mark McGough for scoring 100% on their exam

