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We're on the Web: www.portmoodypss.com



Submit your stories, announcements, and photos to the Editor editor@portmoodypss.com

Editor: Julie Ryder



Commander's Message

We had a number of cruises; some long weekend cruises at Easter, Victoria Day and Labour Day and two extended cruises during July and August. We also participated in the Great Canadian Shoreline Clean-up and got together for a picnic at Rocky Point Park on the same day.

Did you know that the reason we are able to enjoy these fun and entertaining events is because of the volunteers. I would like to express my appreciation of the people in the squadron that give a great deal of their

time organizing and coordinating these events. There are other squadron members that participate in our scheduled events and lend a hand whenever one is needed. Also, the student cruises only happen because the captains and their crews are willing to help students learn the secrets of navigation. They volunteer not just their time but

their resources to this worthwhile event. These are just a few examples of why our squadron is thriving when others are not.

So thank you all for your dedication and commitment to our squadron.

Aloha.

Jeanette Gordon, Commander

PMPSS Bridge Meetings are held 7pm every 3rd Tuesday of the month (except July Aug, & Dec) at Port Moody Secondary School—300 Albert Street, Port Moody., Room 214 All members welcome.



A Tribute to Carlos Enrique Fuenzalida

(Charlie Echo Foxtrot as he was lovingly called.) 1944 – 2014

Tregret to inform you that on, Sept. 19 at approximately 10:30 a.m. I lost my dearest friend and companion Carlos Fuenzalida. Carlos was born in Valpraiso, Chile and immigrated to Canada in the 1970s. He was retired and devoted his time to Canadian Power and Sail Squadrons extensively having served for 14 years with the organization. He was currently the National IT Chair, and the Web Based System Support at Pacific Mainland District. Carlos served as a boating

(Continued on page 12)

Fall Boating Courses Report



The Boating Essentials class commenced on September 11, 2014. Due to the teachers strike the first two classes were held at the Training Innovations offices,

which were generously donated for the use of PMPSS by the Training Innovations Inc. CEO and fellow bridge member Tannis Goddard.

Instructors are in place for all of the Boating Essentials classes. We have 22 students

registered in the Boating

Essentials class; of these one is repeating the class at no cost.

Seamanship commenced Thursday Sep. 25th. We have 8 x students attending. Lillian and Eric Lusk will conduct the training.

Since May Lynn Meisl and Glen Anchor have taught 56 VHF students and 22 PCOC students.

Submitted by Lucille McCarthy (STO), Chris Reyburn (ATO) & P/Cdr Glen Anchor (AT),





Page 3 The QUARTERDECK





Navigating in Fog

"Lights on, sound your horn, slow down, and post a lookout."

Fog poses a double threat to watercraft. By reducing visibility to as little as zero, it can cause boaters to lose their direction and wander off course into hazardous waters or commercial shipping lanes. The possibility of colliding with another boat is a real and serious danger in such conditions. Fog also distorts sound, which travels faster through moist air than it does through dry air, making it easy to become disoriented and underestimate speed and distance. Mariners should treat fog with caution and be aware that visibility can change suddenly when approaching a fog bank. "If you can't see, don't go" is the best advice of all; however, even experienced boaters may be caught unaware by a sudden change in the weather.

Boaters must be on full alert when navigating in fog. At the same time, they should be prepared to have their senses play tricks on them, as both sight and sound are affected by the presence of fog. It is very common, when staring out into shifting clouds, to see vague shapes--known as "fog gremlins"--that appear to be ships, islands, or lighthouses. Although it is safest to stay on shore when fog is present or expected, mariners who are already on the water and find themselves in foggy conditions should follow these safety tips:

- Return to port, if possible.
- Slow down.
- Put on your fog lights and use radar reflectors if there is any possibility of shipping traffic.
- Use a horn or whistle to signal your presence.
- Don't distract yourself with music and conversation; stay alert for clues of land, buoys, or other boats.
- Make sure that all aboard are wearing a personal flotation device (PFD).
- Transmit your location and check for other traffic

on your VHF radio.

- Use a global positioning system (GPS), if you have one, and other means (e.g., compass, charts) to keep track of your speed, time, direction, and location.
- Have dingly lowered and ready to use if necessary.

Rule 35 **International Collision** Regulations—Signals in Restricted Visibility

(From Rule 35 - apply to both International and Inland waters) Signal intervals are not more than 2 minutes unless otherwise noted

Power-driven making way

Power-driven underway but

stopped, making no way

Vessel not under command, vessel restricted in ability to maneuver, vessel constrained by draft, sailing vessel, vessel engaged in fishing, or vessel engaged in towing or

pushing

Vessel being towed or last vessel

of tow, if manned

Rapid ringing Anchored of bell for 5 seconds

every minute

Anchored (optional signal)

Rapid Anchored over 100 meters

ringing of bell for 5 seconds followed by sounding of gong every

minute

Three Aground strokes of

bell immediately before and after an "Anchored" bell signal

Pilot vessel engaged in pilotage

Note: Dash " - " is a 4 - 6 second or prolonged blast. Dot " • " is a 1 second or short blast.

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Sooke.

Extended

Cruise - Out To The Other Side



Fairly calm seas greeted us as we left Victoria harbour. The sun was out and we headed south towards Race Rocks. We booked Pedder Bay in case we needed to hole up along the way, but we knew we could make it so we cancelled. Race Rocks are the most southern point of Canada in the Juan de Fuca Straits and the view across to Washington State was just gorgeous!

r at least, that was the idea. While many would have like to have gone, only Lucky Day, Bull Durham, and Murrelet ventured out to the west side of Vancouver Island. Our original plan was to head out after the first week of the July cruise, and go to Bamfield. Fishing was the goal and the boys were geared up to go! At the end of the first week we were monitoring the weather and it was pretty iffy as to whether we should head out at all, but on July 4 we thought we'd try to at least make it to

We came into Sooke Inlet and saw the famous Whiffen Spit which protects the basin and is home to the Sooke Harbour House. Sooke Harbour is a bit of a lesson in navigational aids. All manner of navigational aids were used and it was easy to get turned around but we

the waters between Sooke and the Rocks. With the fishing being so slow, there were a lot of grumpy fishermen milling about the marina. The marina is at the very end of the small inlet and was really quite nice and much bigger than I had thought. There is a campground and most of the campers were out fishing....go figure! Pedder Bay is also famous as the location of the William Head Penitentiary which

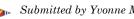
> We left there the next morning and headed up to the Gulf Islands and eventually landed at the new Mill Bay Marina. Its not so new anymore, but what a lovely surprise it was. The docks were

looks out over the straits.



gorgeous. Large concrete platforms with picnic tables and lots of room to sit out and enjoy the views of Pat Bay on the Saanich Peninsula and the coastal mountains behind it. There is a lovely bistro at the marina and a small mall right up the street with cute shops and a pub but more importantly, a Thrifty's!

The next day we made contact with Getaway who was leaving Sydney and we met them in a little anchorage on Tent Island. The weather by now had been just glorious and the sunsets from this little bay were just stunning. We ended up going in to Telegraph cove on Thetis Island and then headed to Pirates Cove where we met up with the crew from Caliente as well. We enjoyed our last few nights there before heading home. All in all a very pleasant week and some new locations checked out too!



managed. We were surprised that with three marinas in the harbour, not a slip was to be found so we stayed at the Government dock tied up with a lot of the commercial fish boats. Murrelet was already anchored in the bay just north of

The weather started to deteriorate, but the fishermen tackled up and headed out anyways. There had to be at least a hundred fish boats out in the fishing grounds but not a lot of catching going on. There was a skippers meeting on July 5 and we collectively decided that while we could probably make it to Bamfield, our chances of getting back when we needed to could not be guaranteed so we decided against going any further north on this trip. The crews of Bull Durham and Lucky Day dug out their "going to town" clothes and went to the Sooke Harbour House for a memorable dinner. It's a lovely place and the dinner, as expected, was spectacular.

The Sooke Basin is a large wide...well... basin. It looks somewhat like a lake and the surrounding terrain was a low and rolling countryside. With the weather being as unpleasant as it was, we didn't venture into it as far as we might have. Eric and Lillian Lusk on Murrelet went the next day and reported that there were some nice anchorages further on, but next time for us.

With the slow fishing and the less than impressive weather we decided to head back to Pedder Bay that we'd given a pass to a few days before. The crew of Murrelet also had enough of the wet weather and decided to head to the Gulf Islands. Pedder Bay is right behind Race Rocks and as we cruised in, the sun came out, and the rain went north. Here too were hundreds of fishing boats, all plying









Submitted by Yvonne McCoach

Northern Lights Cruise



Aug 1 & 2—Nanaimo Yacht Basin



Nanaimo is called the Hub City for a reason. The lively Waterfront

Walkway" is full of shops, restaurants and provisions but its also a quick jump



to the infamous Dinghy Dock Pub or, if you prefer, the beautiful coast trail that circles Newcastle Island Marine Park.



-Comox Bay Marina



Comox's love of the sea. It features artisans, great food and lively entertainment for all ages on the beautiful marina waterfront. Weekend highlights include the Bullhead Derby, Canoe Jousting, Dragon Boat Races, Build, Bail & Sail, the Ceremony of the Flags, parade, food, crafts and fireworks.

long weekend to

celebrate

Aug 5 & 6 April Point Marina, Quadra Island

April Point Marina is the ideal jumping off point for cruising the Discovery Islands and Desolation Sound. April Point Marina is

located in the cove south of Gowlland Harbour in a quiet, secluded bay in the protected waters adjacent to the resort. While staying at April Point Marina, guests have the use of the facilities and services available at both the beautiful April Point Resort & Spa and Painter's Lodge. A shuttle is available to take you over to the Painter's side. Nautical history



the spit was

named. A spit,

a depositional

landform that

buffs may want to head over to Campbell River and check out Museum at Campbell River and the Maritime Heritage Centre; both highly recommended.

Aug 7 & 8 Rebecca Spit, Quadra Island

In 1864, in honor of a British trading schooner.



can be found off coasts all over the world. A spit may be considered a specialized

form of a shoal. As spits grow, the water behind them is sheltered from wind and waves, and a salt marsh is likely to develop.

Thank you Cruise Master Stephen & Yvonne McCoach for treating the members to a Lobster Fest on the beach. See Galley Grits for the menu & recipes.

Aug 9-11 Tenedos Bay, Desolation Sound

Tenedos Bay is a close favourite to Melanie Cove with it's warm pristine waters, diving cliffs, and fresh water lake access. Caution

must be exercised in setting anchor in this bay. It can reach depths over 300 feet in the central parts but there are many small coves and crannies shallow enough for small craft to find anchorage. The largest, most protected anchorage area is in the extreme northern end of the bay. Despite its partial exposure to westerly winds, the eastern most cove in

Tenedos Bay is







usually the busiest. Here a 5 min trail leads up to Unwin Lake and halfway it cuts through the woods to a stream where gentle rapids and deep pools provide an ideal secluded place to swim. When a westerly wind arises, it whistles through this area.



Aug 12-15 Melanie Cove, **Desolation** Sound

The newest entertainment

venue of the Pacific West Coast. 3rd Annual



Dinghy Concert off the back of MV Pres de Soleil drew an audience of approx. 150,

complete with appies. The following week the PMPSS Dinghy Ballet wowed the anchorage executing near perfect group pirouettes.

Aug 16 & 17 Garden Bay, Pender Harbour.

Welcoming boaters since 1932

Garden Bay is a great spot to have fun and wrap up another great cruise.





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Pacific Mainland District Rendezvous Aug 22-24



This year's PMD rendezvous, hosted by Vancouver Power Squadron, was great fun, and we had over 20 boats, skippers, family, and friends attend the event. We were very fortunate to have had beautiful, sunny weather for the whole weekend, and the Telegraph Marina on Thetis Island was a wonderful facility. Owners Ron and Tara, and staff, made us feel welcome at their resort.

Commander Jeff Booth, aboard Main Attraction, hosted the welcome BBQ on Friday evening while District PRO Isabela Booth welcomed the arriving boaters at the registration tent. On Saturday there were lots of fun and activities, including model boat building for the kids (big and small), which led to a competitive sailing race. The winners - Jasper, Don, and Amelie - were interviewed, TV style, by NorVan Squadron members John Christie and Linda Aylesworth.

In the next event, participants were able to show off their skills at life-line tossing, ending with a final toss off between Past Commander Art Rendell and new-to-boating Christopher Hunt. Christopher just edged out the win.

For a bit of fun on the lighter side we had the great Canadian Cheese Head Game. Teams of four tossed cheetos onto

their team captain's head, which was covered with shaving cream. Commander Jeff Booth's team won with 118 cheetos for the final tally.

The afternoon was filled with stiff competition in the challenging Bocce tournament, while other members filled out their ballots for the Best Dressed Boat Competition. Entrants included John Christie and Linda Aylesworth from Aerie with a "Noah's Water Park" theme; Jeff and Isabela Booth from Main Attraction had a "movie premiere" theme; Don White, Julie and Christopher Hunt from Acadia had a "Sea World" theme; And the winning boat was District Commander Shirley Shea of Miss Emilja , theme of "Blarney Stone" .

The day ended with a fantastic potluck dinner, dessert provided by Commander Shirley O'Shea and awards were presented by Jeff & Isabela Booth.

Special thanks to Jeff & Isabela Booth, Julie & Christopher Hunt, and John Christie & Linda Aylesworth for all their help in making this a fun event for all.

Don White PRO, Vancouver Squadron The QUARTERDECK Page 7



Bowen Island Cruise—Snug Cove







Thank you cruise masters Steve &Yvonne McCoach for a such a fun filled adventure at Snug. What a great group of people there are in this squadron as well. I feel very fortunate to be a part of PMPSS!





Bruce Leavitt, Chris Reyburn, Chris Gordon, Stephen MCoach, Steve DeWitt & Melissa Forbister

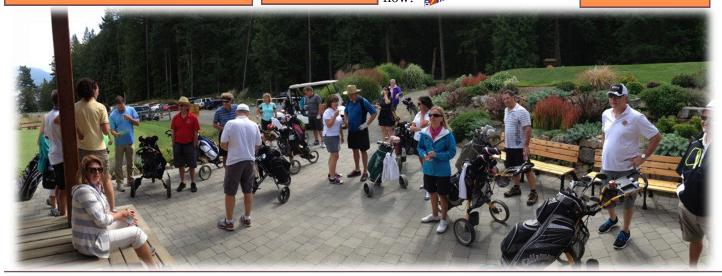


Crab Meister Brian Phillips

September Labour Day long weekend, Aug 31-Sep 3. Add Crab Meister Contest + Pot Luck Dinner + ALS Ice Bucket Challege + Fun Golf Tournament x Good Friends = three days of unadulterated good times! Let the good times roll again next Easter... book now!



Back Cher & Ken
Zotek, Laurie Braaten
& Glenn Richmond



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Shoreline Cleanup and Family Picnic



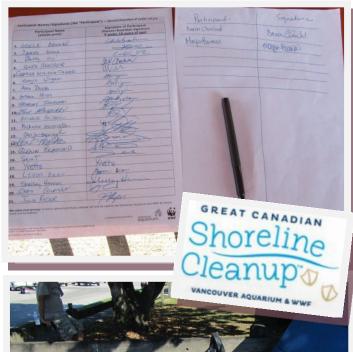
It was a spectacular day at Rocky Point and we had a very successful Great Canadian Shoreline Cleanup.

- 24 participants including approximately 10 from outside the **PMPSS**
- 10 bags of garbage
- 1 tire

- 1 table top
- 1 engine block
- 0 injuries

A big thank you to Laurie Braaten who helped me out during my vacation and reserved the picnic shelter - an epic effort which proved you can fight city hall and win!

Simon Davies





On behalf of Simon Davies myself and Cher Zotek I want to extend a big thank you to everyone that attended the Shore Line Cleanup and picnic at Rocky Point today. I was impressed with the amount of non members that signed up online to help. Great food followed the hard work. Thanks again to Binner Marketing(Ken Zotek&Cher Zotek) for the fabulous smokies. Thank you to everyone for bringing such a great assortment of salads etc



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Looking Ahead



Upcoming Activities & Events



October 2014

November 2014

| Sun | Mon | Tue | Wed | Thu | Fri | Sat | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|-----|-----|-----|-----|-----|------|-----|-----|-----|-----|-----|-----|
| | | | 1 | 2 | 3 | 4 | | | | | | | 1 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| | | | | | | | 16 🦣 | 17 | | 19 | 20 | 20, | 22 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 | 23 | 24 | 25 | 26 | 4 | 28 | 29 |
| 26 | 27 | 28 | 29 | 30 | 31 | | 30 | | | | | | |

Still a few seats available!

Fall Harvest Wing Tour

October 25, 2014

Maximum of 30 Contact Socials Officer Laurie Braaten to reserve your seats by Sunday Sept 28 lauriebraaten@shaw.ca,

6 Hour Tour! Leave Reed Point Marina by bus to the beautiful countryside of Langley.

3 to 4 Winery stops for tastings and a lunch stop along the way.

\$55.00 per person for transportation

Wine Samples



On Bus Wine Trivia and Prizes!

November

Remembrance Day Service

November 11th

Belcarra Park

Come early if by boat, dockspace limited. Details TBA

Lunch provided in covered picnic area, bring your own plates & utencils, etc.



Start planning & decorating your boat for Santa Cruise

Skippers meeting TBA

December

Santa's Christmas Ships Cruise

Public event open to ALL decorated vessels

7pm-9/10pm

Fridays & Saturday nights: 5th, 6th, 12th, 13th, 19th & 20th



Member News

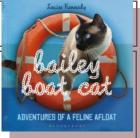
Outgoing Cruise Master



hank you Stephen (& Yvonne) McCoach (MV Lucky Day) for a wonderful season of cruising. It was swell!

Book Giveaway Winner!





Purrsea (MV Minstrel, Dave Bruce & Julie Ryder) won a copy of Bailey

Boat Cat's book. Thanks to all of you who "Liked" his photo contest entry!! >>>=^,,^=

Incoming Cruise Master?

PMPSS is currently seeking a new Cruise Master, and up to 5 Cruise Directors for next years cruises. Each Cruise Director will be assigned one (or more if desired) cruises to organize under



the guidance of the Cruise Master. The regularly scheduled cruises to choose from are:

- Easter Cruise
- May Long Weekend
- Canada Day Week
- August Cruise (2 weeks)
- September Long Weekend
- PMD Integrated Cruise Weekend (New)

The Cruise Master will assist the Cruise Directors as needed in planning all cruises including any cruise related social activities, but is not expected to attend each one.

The Cruise Directors are expected to attend their cruise(s) and facilitate any social activities during that cruise.

These positions qualify for merit marks. One merit mark is awarded for each year of volunteer service. Upon receiving 20 merit marks, you become a life member, and membership dues are free!



To inquire please contact
Executive Officer
Sukru Yigit:

Sukru@utcs.com



eed a new CPS
or Squadron
Burgee?
Contact
Supplies Officer
Tannis Goddard
to order:



supplies@portmoodypss.com

CPS-ECP branded Salus PFDs are on clearance! 50% off while quantities last. Details here: http://bit.ly/1CESQUh

(Limited Quantity)

Sale Price \$40.00



Lobster Fest!



Tonight's Special

Lobster Tails

with Garlic Farragon Butter

Corn on the Cob Linquine Alfredo Dilled Polato Salad Feta & Watermelon Salad

Green Salads Gen Salads Assorted Savories & Sweets

oiling is the most straightforward way to cook lobster tails. If the tails are frozen, you'll need to thaw them before you cook them. (You could co 🜙 them frozen in a pinch, but they won't be as tender). When the lobster tails are thawed, you should easily be able to touch the head of the lobster tail to the end of the tail flap. Bring 6 to 8 cups of salted water to boil in a large pan for approximately 4 lobster tails. Be generous with the salt, but don't add more than a couple tablespoons. It's customary to leave the shell on the lobster when boiling it. The shell will help impart flavor and make sure the meat of the tail doesn't fall apart while cooking. Drop the tail(s) in the boiling water and reduce to a simmer. Cook for about 1 minute per ounce of tail meat. For example, 10 oz. of tail meat needs to cook for 10 minutes. If you are cooking with 4 tails that each weigh 10 oz., don't cook the tails for 40 minutes; cook for 10 minutes! If you are cooking a lot of tails (4+), add a minute or two on top of the original cooking time. Serve with clarified butter and lemon.

Linguine Boursin Alfredo Sauce

Ingredients

- 1/4 cup finely chopped onion OR 2 tbsp finely chopped shallots
- 1 tbsp finely chopped garlic (2 medium cloves)
- 1 tsp olive oil
- 1 tsp butter
- 1 box Boursin Herb and Garlic Cheese (room temperature)
- 2 cups heavy (whipping) cream
- 1 cup grated Parmesan (can also use Grana Padano or Asiago... Parmesan is the creamiest, Asiago the grittiest)
- Pepper...(I don't add salt as there is so much in the cheeses already)

Directions

Heat the olive oil and butter together in a saucepan...add shallots and garlic and sauté on medium heat. Do not allow to brown, but cook until transluscent about 5 mins. Deglaze with 1/4 cup white wine and let it cook down till all the alcohol is cooked off. Add the Boursin and cream and stir while they are melting together. Add the Parmesan cheese and stir till it is melted too. Season with salt & pepper to taste.

This is the basic sauce...use it over pasta or meats or veggies. You can add chicken, mushrooms, and/or sun dried tomatoes.

Dill & Potato Salad

Ingredients

- 2/3 cup Mayonnaise
- 1/2 tsp. dill weed
- 1/2 tsp. salt
- 1/4 tsp. pepper
- 4 cups quartered new potatoes, cooked
- 1/4 cup green onion slices

Directions

Place potatoes in a large pot and cover with water. Bring to a boil over high heat, then turn heat to medium-low, cover, and cook until tender but still firm, about 15 minutes. Drain, cool in an ice water bath until cold, about 5 minutes. Leaving skins on, cut into bitesize pieces, and place in a large mixing bowl.

Combine mayonnaise, dill weed, and green onions in a bowl and stir until blended. Season with salt and pepper to taste. Pour mayo mixture over potatoes and toss to coat evenly. Adjust seasoning if necessary. Cover and refrigerate at least 2 hours, or overnight.

Feta & Watermelon Salad

Ingredients

- 1 (5-pound) watermelon
- 1 Vidalia or other sweet onion
- 1/4 cup red wine vinegar
- Salt and pepper
- 1/2 cup extra-virgin olive oil
- 2 tablespoons chopped fresh mint
- 4 ounces feta cheese, crumbled
- 6 whole mint sprigs

Directions

Cut the flesh from the melon and cut into bite size pieces, removing and discarding the seeds, and set aside. Peel and slice the onion into rings.

In a small bowl, combine the vinegar, salt, pepper, and whisk until salt is dissolved. Slowly whisk in the olive oil, a few drops at a time. Add in the chopped mint, taste, and adjust seasonings.

In a large bowl, combine the melon, onion, and feta. Pour the dressing over the melon mixture and toss gently until everything is coated and evenly mixed. Garnish with mint sprigs.

To serve, divide salad among individual plates and garnish with mint leaves.



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Across

- 2. Process or period of gathering in crops.
- 5. Sports contest between competitors, for an overall prize.
- 7. Melted (butter) in order to separate out the impurities
- 9. Narrow passage of water
- 11. Assembly of people engaged in a common activity (often used in combination)
- 13. French for sun
- 14. Place where event happens
- 15. Rocks at the most southern point of Canada
- 18. Large edible marine decapod crustacean
- 19. Engaging in combat with lances
- 20. food that is salty or spicy rather than sweet

Down

- 1. Bowl shaped land formation
- 3. Brand of Lifejackets
- 4. Not mixed or diluted with any different or extra elements; complete and absolute
- 5. Island of PMD Integrated cruise
- Low-lying land that is flooded in wet seasons or at high tide
- 8. Person who is in charge of an activity, department, or organization.
- 10. Sandy elevation of the bottom of a body of water, constituting a hazard to navigation
- 12. Publicly acknowledge (a significant or happy day or event)
- 16. Famous stone in Ireland
- 17. Deposition landform found off coasts

ada

August's Qrossword Answers

August's Qrossword Answer

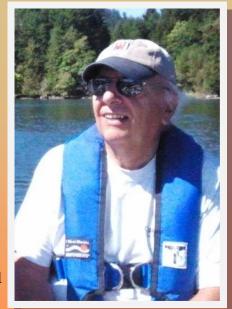
Got a good story? If so, send it to ditor@portmoodypss.com

A Tribute Con't...

(Continued from page 1)

instructor for years in White Rock Squadron and taught the boating course and instructor's course and endured himself to all his students as his background was teaching. He was also currently nominated as a forthcoming Director of the National organization that would have occurred in October but unfortunately unable to fulfill this honour. His favorite past time would be reading books and of best read on a beach in some wonderful holiday place such as Rio, Cancun, Cassis (France) or Palm Springs. He was always current on global politics and history and always had an opinion on all world leaders, situations and issues as he was so well read.

Carlos fought a most courageous battle against cancer but finally has gone on to rest in peace from this brutal disease. Of course he was not ready to leave us but has now joined many of our good friends who have preceded us in life's journey sailing on to endless soft breezes and calm seas. We of course will meet again one day but in the meantime he will leave a void that cannot be filled except with beautiful memories.



Carlos's sisters in Santiago and Germany as well as myself and families bid this caring wonderful man Carlos a fond farewell and may he rest in peace. God bless you Charlie.

Deepest regards, District Commander, Shirley Shea, <u>AP</u>